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PAPER POWER! \$1000 GRANT PROVIDES TEEN WITH JOURNALS FOR HIGH SCHOOL KIDS WITH STRESS

“I realized there are a lot of silent needs among high school students. I thought by providing a journal for them it could serve as a tool to help heal pain, stir creativity or inspire them to dream.” - Nicole, age 18

Parker, CO: A Philanthropic social networking club for kids called *Daisy Button Believes* issued its fifth \$1000 grant to 18-year-old Nicole Steiner from Colorado. A year ago, Steiner noticed a lot of kids in her school struggling with stress and anxiety. She had always used writing and drawing as a way to get her own emotions out and decided it would likely work for many of her classmates too. She began collecting journals and handing them out with the reminder that they don't need to keep their emotions bottled up inside. Getting their thoughts and feelings out onto paper was a safe and healthy way of moving through them. In a few months she had collected over 500 journals and was able to hand them out to all nine High School counseling offices in her district. She founded a charity called *A Journal for You* and has been recognized in local and national media for her efforts.



Daisy Button Believes connected with Steiner in June through the launch of their social networking website made exclusively for kids. The privately funded site encourages kids to “dream big” with charitable projects in their community. Dreaming big is a huge part of Steiner's efforts so it was a natural fit. *“The Daisy Button community has helped me to get the word out about the importance of writing out feelings in a journal, as well as helped me understand the importance of providing prompts to give ideas to those who need help getting started.”* Steiner said. She plans to use the money to purchase more journals and begin to make custom tools with questions and guides to help kids work through their struggles easier.

Previously, Daisy Button has gifted an 8 YO feeding the homeless, an 11 YO filling backpacks full of food for hungry kids and a 13 YO cheering cancer patients. Tracey Serebin, a children's author and the founder of DaisyButtonBelieves.com was inspired to create the initiative after working with schools in New Jersey. *“I realized there was no central location that kids could learn from each other, find the resources they needed to take their ideas to the next level, and get feedback from other kids who had succeeded in a big way. I also wanted to expose them to adult role models that have created successful platforms and used their money and position for good.”* Serebin said.



The site combines direct access to successful kid CEO's and start up experts with \$1000 grants and the much needed social aspect this generation thrives on. Serebin feels passionately that *“We have a responsibility to create tools our youth can use to continue to do good in the world.”* Her hope is that *“Any kid with the motivation to do something that cares for another human should be able to easily find what they need to succeed.”*

For more information about Daisy Button Believes, please email mindee@daisybuttonbelieves.com or call 201-394-5328. For more information about Nicole, please email her at nicolesteiner@comcast.net or visit her Facebook Page: <https://www.facebook.com/AGameForYou/>